



## COMMUNITY RUGBY

### Southern Region Non Award Course Calendar 2009/2010

**Constituent Bodies: Berkshire, Buckinghamshire, Dorset & Wiltshire, Hampshire, Oxfordshire**

Approved Centre Name: RFU South  
Coaching Development Officer: Gavin Williams  
Regional Administrator: Josie Molloy

#### Start Coaching Tag Rugby - £30 per person

All courses are 9.30am-12.30pm unless otherwise stated

	Date	Venue	County	Application Deadline
2009	23 <sup>rd</sup> May 2009	Swanage & Wareham RFC	Dorset	10 <sup>th</sup> May 2009
	7 <sup>th</sup> June 2009	Wallingford RFC	Oxfordshire	27 <sup>th</sup> May 2009
	5 <sup>th</sup> September 2009	Redingensians RFC	Berkshire	21 <sup>st</sup> Aug 2009
	12 <sup>th</sup> September 2009	Bracknell RFC	Berkshire	2 <sup>nd</sup> Sept 2009
	12 <sup>th</sup> September 2009	Portsmouth RFC	Hampshire	2 <sup>nd</sup> Sept 2009
	12 <sup>th</sup> September 2009	Basingstoke RFC	Hampshire	16 <sup>th</sup> Sept 2009
	12 <sup>th</sup> September 2009	St Pauls School - MK	Buckinghamshire	2 <sup>nd</sup> Sept 2009
	19 <sup>th</sup> September 2009	Bournemouth RFC	Dorset	9 <sup>th</sup> Sept 2009
	19 <sup>th</sup> September 2009	Oxford RFC	Oxfordshire	9 <sup>th</sup> Sept 2009
	19 <sup>th</sup> September 2009	Tottonians RFC	Hampshire	9 <sup>th</sup> Sept 2009
	19 <sup>th</sup> September 2009	Chesham RFC	Buckinghamshire	9 <sup>th</sup> Sept 2009
	26 <sup>th</sup> September 2009	Newbury RFC	Berkshire	16 <sup>th</sup> Sept 2009
	26 <sup>th</sup> September 2009	Banbury RFC	Oxfordshire	16 <sup>th</sup> Sept 2009
	26 <sup>th</sup> September 2009	Salisbury RFC	Wiltshire	16 <sup>th</sup> Sept 2009
	26 <sup>th</sup> September 2009	Dorchester RFC	Dorset	16 <sup>th</sup> Sept 2009
	3 <sup>rd</sup> October 2009	Windsor RFC	Berkshire	21 <sup>st</sup> Sept 2009
2010	9 <sup>th</sup> January 2010	Fareham Heathens RFC	Hampshire	21 <sup>st</sup> Dec 2009
	9 <sup>th</sup> January 2010	Dorchester RFC	Dorset	21 <sup>st</sup> Dec 2009
	9 <sup>th</sup> January 2010	Witney RFC	Oxfordshire	21 <sup>st</sup> Dec 2009
	9 <sup>th</sup> January 2010	Maidenhead RFC	Berkshire	21 <sup>st</sup> Dec 2009
	16 <sup>th</sup> January 2010	Redingensians RFC	Berkshire	6 <sup>th</sup> Jan 2010
	16 <sup>th</sup> January 2010	Basingstoke RFC	Hampshire	6 <sup>th</sup> Jan 2010
	16 <sup>th</sup> January 2010	Bradford on Avon RFC	Wiltshire	6 <sup>th</sup> Jan 2010
	16 <sup>th</sup> January 2010	Aylesbury RFC	Buckinghamshire	6 <sup>th</sup> Jan 2010
	23 <sup>rd</sup> January 2010	Wallingford RFC	Oxfordshire	13 <sup>th</sup> Jan 2010
	23 <sup>rd</sup> January 2010	Aldermaston RFC	Berkshire	13 <sup>th</sup> Jan 2010
	23 <sup>rd</sup> January 2010	Aldershot & Fleet RFC	Hampshire	13 <sup>th</sup> Jan 2010
	23 <sup>rd</sup> January 2010	New Milton RFC	Hampshire	13 <sup>th</sup> Jan 2010
	10 <sup>th</sup> April 2009	Havant RFC	Hampshire	31 <sup>st</sup> Mar 2010
	17 <sup>th</sup> April 2010	Aylesbury RFC	Buckinghamshire	7 <sup>th</sup> April 2010
	17 <sup>th</sup> April 2010	Berkshire	Berkshire	7 <sup>th</sup> April 2010
	17 <sup>th</sup> April 2010	Wallingford RFC	Oxfordshire	7 <sup>th</sup> April 2010
	17 <sup>th</sup> April 2010	Bradford on Avon RFC	Wiltshire	7 <sup>th</sup> April 2010
	24 <sup>th</sup> April 2009	Basingstoke RFC	Hampshire	14 <sup>th</sup> April 2010
24 <sup>th</sup> April 2009	Swanage & Wareham RFC	Dorset	14 <sup>th</sup> April 2010	

#### iRB Rugby Ready – £18 per person

Please apply using the application form available at [www.rfu.com/coach](http://www.rfu.com/coach). Payment should be made to "RFDL". Applications will not be accepted without payment or after the deadline. At present we can only accept cheques for these courses.

Address: Berkshire Sport, 2-4 Darwin Close, Reading, Berkshire, RG2 0TB  
Tel: 0118 3766124  
Email: [southernregioncoaching@therfu.com](mailto:southernregioncoaching@therfu.com)

**(a pre-requisite for attendance on Level 1 from 1<sup>st</sup> Sept 2009)**

All courses are 9.30am-12.30pm unless otherwise stated

	Date	Venue	County	Application Deadline
<b>2009</b>	6th June 2009	Salisbury RFC	Wiltshire	26 <sup>th</sup> May 2009
	7th June 2009	Wallingford RFC	Oxfordshire	27 <sup>th</sup> May 2009
	13th June 2009	Swindon RFC	Wiltshire	3 <sup>rd</sup> June 2009
	5th September 2009	Oxford RFC	Oxfordshire	21 <sup>st</sup> Aug 2009
	5 <sup>th</sup> September 2009	New Milton RFC	Hampshire	21 <sup>st</sup> Aug 2009
	12 <sup>th</sup> September 2009	Newbury RFC	Berkshire	2 <sup>nd</sup> Sept 2009
	12 <sup>th</sup> September 2009	Reading RFC	Berkshire	2 <sup>nd</sup> Sept 2009
	12th September 2009	Banbury RFC	Oxfordshire	2 <sup>nd</sup> Sept 2009
	12th September 2009	North Dorset RFC	Dorset	2 <sup>nd</sup> Sept 2009
	12th September 2009	Bournemouth RFC	Dorset	2 <sup>nd</sup> Sept 2009
	12 <sup>th</sup> September 2009	St Pauls School - MK	Buckinghamshire	2 <sup>nd</sup> Sept 2009
	12 <sup>th</sup> September 2009	Basingstoke RFC	Hampshire	2 <sup>nd</sup> Sept 2009
	19 <sup>th</sup> September 2009	Devizes RFC	Wiltshire	9 <sup>th</sup> Sept 2009
	19 <sup>th</sup> September 2009	Dorchester RFC	Dorset	9 <sup>th</sup> Sept 2009
	19 <sup>th</sup> September 2009	Maidenhead RFC	Berkshire	9 <sup>th</sup> Sept 2009
	19 <sup>th</sup> September 2009	Chesham RFC	Buckinghamshire	9 <sup>th</sup> Sept 2009
	26 <sup>th</sup> September 2009	Aldershot & Fleet RFC	Hampshire	16 <sup>th</sup> Sept 2009
	26 <sup>th</sup> September 2009	Fordingbridge RFC	Hampshire	16 <sup>th</sup> Sept 2009
26 <sup>th</sup> September 2009	Havant RFC	Hampshire	16 <sup>th</sup> Sept 2009	
<b>2010</b>	9 <sup>th</sup> January 2010	Ellingham & Ringwood RFC	Hampshire	21 <sup>st</sup> Dec 2009
	16th January 2010	Witney RFC	Oxfordshire	6 <sup>th</sup> Jan 2010
	16 <sup>th</sup> January 2010	Basingstoke RFC	Hampshire	6 <sup>th</sup> Jan 2010
	16th January 2010	Windsor RFC	Berkshire	6 <sup>th</sup> Jan 2010
	16 <sup>th</sup> January 2010	Swanage & Wareham RFC	Dorset	6 <sup>th</sup> Jan 2010
	16 <sup>th</sup> January 2010	Aylesbury RFC	Buckinghamshire	6 <sup>th</sup> Jan 2010
	16 <sup>th</sup> January 2010	Bradford on Avon RFC	Wiltshire	6 <sup>th</sup> Jan 2010
	23 <sup>rd</sup> January 2010	Portsmouth RFC	Hampshire	13 <sup>th</sup> Jan 2010
	23 <sup>rd</sup> January 2010	Wiltshire	Wiltshire	13 <sup>th</sup> Jan 2010
	30th January 2010	Reading Abbey RFC	Berkshire	20 <sup>th</sup> Jan 2010
	30th January 2010	Wallingford RFC	Oxfordshire	22 <sup>nd</sup> Jan 2010
	30 <sup>th</sup> January 2010	Dorchester RFC	Dorset	20 <sup>th</sup> Jan 2010
	27 <sup>th</sup> March 2010	Fareham Heathens RFC	Hampshire	17 <sup>th</sup> Mar 2010
	17 <sup>th</sup> April 2010	Aylesbury RFC	Buckinghamshire	7 <sup>th</sup> April 2010
	24 <sup>th</sup> April 2010	Basingstoke RFC	Hampshire	14 <sup>th</sup> April 2010
	17 <sup>th</sup> April 2010	Berkshire	Berkshire	7 <sup>th</sup> April 2010
	17 <sup>th</sup> April 2010	Wallingford RFC	Oxfordshire	7 <sup>th</sup> April 2010
	17 <sup>th</sup> April 2010	Swanage & Wareham RFC	Dorset	7 <sup>th</sup> April 2010
24 <sup>th</sup> April 2010	Minety RFC	Wiltshire	14 <sup>th</sup> April 2010	

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## Formal CPD Courses - £15 per person

	Date	Time	Topic	Venue	Application Deadline
2009	Oct 09		Continuity (Mini/Midi)	North Bucks	TBC
	Oct 09		Continuity (Mini/Midi)	South Bucks	TBC
	Oct 09		Defence (Youth)	Aylesbury RFC	TBC
	Oct 09		Game Planning (Youth & Adult)	Aylesbury RFC	TBC
	Oct 09		Continuity (Mini/Midi)	North Oxon	TBC
	Oct 09		Continuity (Mini/Midi)	South Oxon	TBC
	Oct 09		Defence (Youth)	Central Oxon	TBC
	Oct 09		Continuity (Mini/Midi)	West Berks	TBC
	12/10/09	7-9.30pm	Continuity (Mini/Midi)	Windsor RFC	02/10/09
	10/10/09	9.30-12pm	Defence (Youth)	Reading RFC	30/09/09
	Oct 09		Game Planning (Youth & Adult)	Newbury RFC	TBC
	Oct 09		Continuity (Mini/Midi)	North Hants	TBC
	Oct 09		Continuity (Mini/Midi)	SW Hants	TBC
	Oct 09		Continuity (Mini/Midi)	SE Hants	TBC
	Oct 09		Continuity (Mini/Midi)	Wilts	TBC
	Oct 09		Continuity (Mini/Midi)	Dorset	TBC
	Oct 09		Defence (Youth)	Wilts	TBC
	Oct 09		Defence (Youth)	Dorset	TBC
2010	Oct 09		Game Planning (Youth & Adult)	North Dorset RFC	TBC
	Mar 10		Maul & Ruck (Youth)	North Bucks TBC	TBC
	Mar 10		Maul & Ruck (Youth)	South Bucks TBC	TBC
	Mar 10		Lineout (Youth)	Aylesbury RFC	TBC
	Apr 10		Planning & Periodisation (Adult)	Aylesbury RFC	TBC
	Mar 10		Maul & Ruck (Youth)	West Berks	TBC
	09/03/10	7-9.30pm	Maul & Ruck (Youth)	Windsor RFC	27/02/10
	12/03/09	6pm	Lineout (Youth)	Redingensians RFC	02/03/10
	Apr 10		Planning & Periodisation (Adult)	Newbury RFC	TBC
	Mar 10		Maul & Ruck (Youth)	North Oxon	TBC
	Mar 10		Maul & Ruck (Youth)	Wallingford RFC	TBC
	Mar 10		Lineout (Youth)	Central Oxon	TBC
	Mar 10		Maul & Ruck (Youth)	North Hants	TBC
	Mar 10		Maul & Ruck (Youth)	SW Hants	TBC
	Mar 10		Lineout (Youth)	SE Hants	TBC
	Mar 10		Maul & Ruck (Youth)	Wilts	TBC
	Mar 10		Maul & Ruck (Youth)	Dorset	TBC
	Mar 10		Lineout (Youth)	Wilts	TBC
	Mar 10		Lineout (Youth)	Dorset	TBC
	Apr 10		Planning & Periodisation (Adult)	North Dorset RFC	TBC

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## COMMUNITY RUGBY

### Southern Region Award Course Calendar 2009/2010

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**Constituent Bodies: Berkshire, Buckinghamshire, Dorset & Wiltshire,  
Hampshire, Oxfordshire**

Approved Centre Name: RFU South West  
Coaching Development Officer: Gavin Williams  
Regional Administrator: Bev Rawlings

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#### Level 1 Courses

	Date	Venue	County	Application Deadline
<b>2009</b>	July 6/11/18	Perins School, Alresford	Hampshire	05/06/09
	July 6/11/12	Nursteed School, Devizes	Wiltshire	05/06/09
	July 13/19/26	Dumpton School, Wimborne	Dorset	12/06/09
	Sept 9/13/20	Lord Williams School, Thame	Oxfordshire	07/07/09
	Oct 5/10/11	Burnham Grammar School, Burnham	Bucks	04/09/09
	Oct 12/17/24	Brockenhurst College	Hampshire	11/09/09
	Nov 9/15/22	Wellington College, Crowthorne	Berkshire	09/10/09
<b>2010</b>	Jan 13/17/24	Lord Williams school, Thame	Oxfordshire	11/12/09
	Jan 18/23/30	Perins School, Alresford	Hampshire	16/12/09
	Jan 18/24/31	Dumpton School, Wimborne	Dorset	16/12/09
	Feb 15/21/28	Burnham Grammar, Burnham	Bucks	15/01/10
	Feb 22/28 Mar 7	Brockenhurst College	Hampshire	21/01/10
	Mar 8/14/21	Marlborough College	Wiltshire	05/02/10
	Mar 15/21/28	Wellington College, Crowthorne	Berkshire	12/02/10
	Apr 12/18/25	Perins School, Alresford	Hampshire	12/03/10
	May 5/8/9	Lord Williams School, Thame	Oxfordshire	05/04/10
	May 10/15/16	Leon School, Milton Keynes	Bucks	09/04/10
	Jun 7/12/13	Wellington College, Crowthorne	Berkshire	07/05/10
	Jun 16/19/20	Lord Williams School, Thame	Oxfordshire	17/05/10
	Jun 21/26/27	Brockenhurst College	Hampshire	21/05/10

- **Cost per person: £100** inclusive of 15% VAT, payment should be made to "RFDL". Applications will not be accepted without payment or after the deadline.
- Its is recommended that applicants have previous experience of coaching or playing or have attended a TAG or Rugby Ready Course
- Applications will only be accepted if they are accompanied by a copy of the candidates Rugby Ready Certificate; this can be obtained from **EITHER** going to the following link <http://www.irbrugbyready.com/irbrr/en/home.jsp> and completing the online questionnaire **OR** attending the 3 hour iRB Rugby Ready course. **From 1<sup>ST</sup> SEPTEMBER 2009 APPLICATIONS WILL ONLY BE ACCEPTED FROM CANDIDATES WHO HAVE ATTENDED THE 3 HOUR WORKSHOP.**
- Courses will be closed at a maximum of 32 candidates
- Cancellation and transfer fees can be found on the course application forms.

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Please apply using the application form available at [www.rfu.com/coach](http://www.rfu.com/coach) . Payment should be made to "RFDL". Applications will not be accepted without payment or after the deadline. Please note we can now accept card payments for Level 1 and Level 2 courses

Address: CRBEST Department, Hartpury College, Hartpury, Gloucestershire. GL19 3BE  
Tel: 01452 702119  
Email: [rfuadmin@hartpury.ac.uk](mailto:rfuadmin@hartpury.ac.uk)

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## Level 2

	Date	Venue	County	Application Deadline
2009	June 27/28 & July 12/19	Lord Williams School, Thame	Oxfordshire	27/05/08
	July 25/26 & Aug 9/16	Brookenhurst College	Hampshire	24/06/09
	Nov 7/8 & 22/29	Burnham Grammar, Burnham	Bucks	07/10/09
2010	Feb 6/7 & 21/28	Dumpton School, Wimborne	Dorset	07/01/10
	Feb 20/21 & Mar 7/14	Wellington College, Crowthorne	Berkshire	20/01/10
	May 8/9 & 23/30	Brookenhurst College	Hampshire	08/04/10

- **Cost per person: £176.25** including VAT, payment should be made to “RFDL”. Applications will not be accepted without payment or after the deadline.
- Applications will only be accepted for those coaches who have demonstrated attendance at continuous personal / professional development (coaching seminars, conferences) and are subject to approval from RFU. (Please add dates and areas covered on your application form)
- Hold a UKCC RFU Level 1 Coaching Award or equivalent
- Coaches will be required to have an up to date technical knowledge and be able to coach the following as applicable to the 15-a-side game.  
**Scrummage, Lineout, Restarts, Backline Play, Contact Skills, Defence/ Attack, Turn-over/Counter-attack**
- Coaches will be required to demonstrate skills relating to communication, planning, effective coaching and coaching styles, health and safety, action planning and player profiling
- Coaches will be required to submit a number of home study tasks for assessment as part of the course programme including;  
**Planning and delivering practical sessions, Fitness for Rugby, Nutrition for Rugby, Core Skills, Laws of Game**
- Courses will be closed at a maximum of 36 candidates
- Cancellation and transfer fees can be found on the course application forms
- A place on the course will only be confirmed on receipt of a fully completed and approved application form with attached payment and providing space is available

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