

Hello Everyone.

Well I don't know about you, but I have certainly felt the change in temperature this week and my winter cloths have officially come out. The weather forecast for Sunday is dry but a little chilly so it is time to get out the extra layers for the children and yourselves.

Congratulations to Gabby Martin and Harry Elliott who won the 'Excellence Awards' this week. You guys deserved them and I hope you enjoy having them at home for the week. Please remember to bring them back on Sunday to be given out to the next two children.

This week's message: Rugby World Cup Final, Cake Fund Raiser, The Weather, Membership, Expectations on Parents during Training and Half Term Training.

Rugby World Cup Final:

New Zealand v France is this Sunday morning and as it is the Final, we will **BE STARTING TRAINING AT 10.30AM THIS WEEK ONLY**. The final is being shown in the Clubhouse so anyone is welcome to come down to watch it with us and there is also breakfast baps to be bought if you need some breakfast or just something to keep you warm once you go out to training.

Cake Fund Raiser:

Please remember to bring along your extra money this week to buy some of the www.rolipolicakes.co.uk yummy cup cakes with the MRFC logo on them. Caroline is bringing some boxes with her, that hold 4, so you can even buy some to enjoy later in the day or over half term. All profits will be going to the U6 and U7 age groups so please come along and support your age group ☐

The Weather:

I think the cold has finally arrived and as this is my 3rd season with the club, I wanted to pass on some advice that I have learnt with my 2 boys. **LAYERS!!!!** My boys are still put off by the cold and even with the promise of 'you will warm up once you start running around' this never makes them happy. In my experience layers is the answer. Base Layers under thermals, under kit, under tracksuit bottoms and jumpers under jackets with hats and gloves. These can then be stripped off as they warm up or bring them with you to put on if they start with very little but get cold. The only time my oldest son did not want to go to Rugby when he was in the U6's was when he was too cold. I learnt to take extra everything (especially when it was wet or there was snow) as gloves etc. do get wet so you can just swap them out. Warm drinks in Thermoses and even hand warmers to be kept in your pocket so they can put their hands in to warm up during break time.

Membership:

This is the week where I officially start asking for payment from individual parents. You can still pay me with cash or cheque as I have the application forms or go onto www.maidenheadrfc.com to pay. You just need to click on membership (on the left of the screen) then scroll down to the bottom of the page and pay by PayPal. Finally, if you do pay for your membership via another age group or as a VET player etc., please just let me know. Please pay your memberships as soon as you can as it is a very difficult job of having to come and hound you each week for money while your child enjoys their Rugby and continues to learn valuable skills not just in Rugby but Life: Team Work, Respect, Enjoyment, Discipline and Sportsmanship.

Expectations on Parents during Training:

I hope you are all aware that while your child is training with us, you must be at the side of the pitch. If you decide to get a hot drink from the club house, use the facilities or go and see another of your children in another age group, this is no problem but please ensure another parent has taken responsibility for your child while you are gone or you let me know that you are going so I can keep an eye on them for you. You **MUST NOT** drop your child off and then leave the grounds for any reason. I hope this rule and the reasons for this rule are clear but please feel to ask for further clarity from me via email or a chat on Sunday.

Half term Training:

We will be training, as usual, this Sunday and next Sunday. There is no break during our training season except if the ground is deemed too hard to train on and I will inform you of the clubs decision via email if this becomes the case. Last training session in 2011 is the 11th of December and the first training session of 2012 is the 15th of January. There is also no training on the 8th of April 2012 as this is Easter Weekend.

Thanks everyone and see you on Sunday at 10.30am ☐

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Rugby = Team Work, Respect, Enjoyment, Discipline and Sportsmanship