

## FAQs

### 1. How do I get a Licence?

A Licence will be automatically granted following the successful completion of any RFU coaching qualification course. This will mean you have complied with the conditions of having a valid CRB check, agreeing to the Terms and Conditions and upholding the RFU Coach's Code of Conduct.



### 2. Am I entitled to apply for a Licence?

i) If you are actively coaching in the contact game, (U9s upwards), and already have a RFU or UKCC Rugby Coaching Qualification, then you are eligible to apply for a Coaching Licence from the RFU.

ii) If you do not have a qualification, you can still apply and be granted a licence on compliance with the conditions outlined in point i) above, which means you will need to seek and gain a coaching qualification at the appropriate level. In all cases please apply to the Regional Coaching Centre – details on the RFU Coaching website.

### 3. How much will my Coach Licence cost me?

Your licence will be issued free of charge with your certificate on completion of a qualification or (See 2. i) above. All costs, including administration, record keeping, the Licence itself, and 3 yearly renewal will be borne by the RFU.

### 4. What are the benefits to me and my players of becoming Licensed?

By becoming licensed you are making a statement that you have taken the responsibility to improve yourself as a coach by attending Continuous Personal Development (CPD) courses. These ensure you maintain up to date knowledge and broaden your skills which will result in your coaching being more effective.

As players develop, they will increasingly have the capacity to out grow you as a coach. It is important therefore that you seek to maintain and develop your own coaching expertise, so the potential of the players does not become restricted.

### 5. How will I keep my Licence current?

In order to maintain your Licence to coach, you will need to attend a minimum of 1 RFU approved, (CPD) course p.a. over the 3 year Licence period. Your attendance on these courses will be recorded on the RFU central database.

### 6. What sort of courses will be available?

The RFU Coaching Department is developing a series of short courses, (2/3 hours), which will cover the range of skills and knowledge needed to coach at any level or age group. These courses and their delivery will be subject to regular review to ensure they remain current and appropriate, helping the coaches who attend to develop greater understanding of such things as Coaching Process, Technical skills, Tactical issues and Safe Practice.

### 7. How much will these courses cost?

The usual cost for an RFU CPD course will be about £15. (Non licensed coaches can also access these courses but at considerably more cost.) Cost will include tutor fees, venue costs and associated course resources (Booklets, DVDs etc). Costs for approved non RFU courses may vary.

### 8. How will I access these courses?

#### **I am busy and have limited travel time.**

The courses will be organised in consultation with your CB Coaching Development Committee and the Club Coaching Coordinator who will work with other CCCs to provide appropriate courses locally. These courses will be delivered by RFU trained Coach Developers working in your locality.



For further information on the RFU Coach Licensing and Registration Scheme, visit [www.rfu.com/coach](http://www.rfu.com/coach) and go to Coach Licensing.

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# LICENCE TO SKILL

Underpinning High Quality Coaching



The RFU Coach Licensing  
and Registration Scheme



## The RFU Coach Licensing & Registration Scheme

Coaching is central to developing, sustaining and increasing participation in Rugby Union.

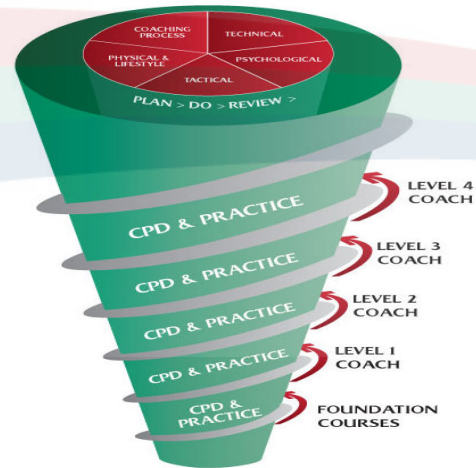
High-quality coaching drives better performances and helps guide player improvements in technical, tactical, physical, mental and lifestyle skills.

Poor quality coaching has the opposite effect - leading to players leaving the game, or being placed in unsafe environments.

Coaching qualification courses have been, and still are, a key coach development tool, but their prime focus is to train and accredit (where appropriate) a coach against a set of competencies.

Equally as important is the need for coaches to undertake regular training that maintains the currency of their coaching knowledge and skills.

The RFU's Coaching Department is committed to supporting the development of coaches through the provision of a range of short courses that will be delivered at a local level.



Coaching is defined as “The guided improvement, led by a coach, of sports participants in a single sport and at identifiable stages of the participant pathway. In Rugby Union, a coach will be defined as, “anyone responsible for, leading or facilitating the optimum improvement of a rugby participant at any stage of their development”.



## What does it mean to me?

All club coaches who attend and achieve either a Level 1, 2, 3 or 4 qualification will be granted a Coach Licence, subject to a satisfactory CRB check and their agreement to comply with the Coach Licence Terms & Conditions.

## How will it work?

The Licence will last for a maximum of three years from the awarding date, or until the CRB check expires, when a coach will be required to reapply for their licence.



All coaches will be registered on the ‘Rugby First’ database and their attendance and involvement in courses will be tracked through the system. Licensed Coaches will receive a personalised Coach Licence identity card which will give them access to a range of benefits.

## What if I’m already coaching?

Existing qualified club coaches are invited to apply, free of charge, for a Coach Licence.

In all cases coaches will be granted a Coach Licence, subject to a satisfactory CRB check and their agreement to comply with the Coach Licence Terms & Conditions.

## What if I don’t have a coaching qualification?

The scheme will make provision to grant a licence using ‘grandfather rights’ to existing unqualified coaches on the production of suitable coaching curriculum vitae.

These coaches will be required to attend the iRB safety course, Rugby Ready, and become qualified to a minimum of Level 1 during the first year of their licensing and registration period.



## How do I renew my licence?

The licence can be renewed by attending at least three coach development modules over the three year period of the licence and subject to a satisfactory CRB check agreement to comply with the Coach Licence Terms & Conditions.

These modules of Continuous Personal Development (CPD) exists in almost every occupation. In simple terms, it helps to maintain a currency of knowledge and skills.

The coaching award courses or Level 1, 2, 3 and 4 form the basis of assessment for a coach against a set of national competencies. This is often termed ‘vertical coaching development’ with a focus on the skills of coaching.

However, some coaches may not be suitable or have the inclination to attend the next level of award qualification. Therefore, to help a coach to continue to develop the RFU have developed a range of (CPD) courses.

This programme of short courses will help to establish the needs of the coaches (technical, tactical, physical, psychological and lifestyle knowledge, plus coaching skills) relative to their role and level of expertise in coaching.

This means that even if a coach wishes to remain at Level 1 or 2, they can still continue to develop their coaching knowledge and skills. This is often termed ‘horizontal coaching development’.

A number of full-time staff and volunteers are currently trained to ensure these courses can be delivered as locally as possible, ensuring travel distances are minimised, and costs are kept as low as possible.

